

GAELSCOIL AODHA RUA – BIACHLÁR MHÍ NA NOLLAG 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Beg 25th Nov	Chicken Curry & Rice OR Pork Casserole Mashed Potato & Carrots Fresh Fruit or Yoghurt OR Chocolate Cake & Strawberry Sauce	Homemade Pizza OR Chicken Wrap Chips, Sweetcorn, Potato Fresh Fruit or Yoghurt OR Ice Cream & Milk Shake	Lasagna OR Fishcake Mashed Potato, Beans, Mixed Salad Fresh Fruit or Yoghurt OR Rice Krispie & Date Square & Custard	Roast Chicken & Stuffing Mashed Potato, Cabbage & Gravy Fresh Fruit or Yoghurt OR Rice Pudding & Peaches	Sausages OR Chicken Crumble Chips, Peas, Potato Fresh Fruit or Yoghurt OR Jelly & Oranges
Week Beg 2nd Dec	Brown Beef Stew OR Sweet & Sour Chicken & Rice Mashed Potato, Carrots Fresh Fruit or Yoghurt OR Vanilla Sponge & Custard	Steak Burger OR Breaded Fish Chips, Sweetcorn, Potato Fresh Fruit or Yoghurt OR Chocolate Cracknel & Strawberry Sauce	Chicken Drumsticks OR Chicken Baguette Mashed Potato, Beans, Mixed Salad Fresh Fruit or Yoghurt OR Ice Cream & Chocolate Sauce	Baked Gammon Mashed Potato, Broccoli, Gravy Fresh Fruit or Yoghurt OR Fresh Fruit Salad & Custard	Fresh Vegetable Soup Hot Dog, Potato Fresh Fruit or Yoghurt OR Tub of Ice Cream & Milk Shake
Week Beg 9th Dec	Savoury Mince OR Peppered Chicken Hot Pot Mashed Potato, Peas Fresh Fruit or Yoghurt OR Jam & Coconut Sponge & Custard	Fish Fingers OR Bacon Slices Chips, Beans, Mixed Salad Fresh Fruit or Yoghurt OR Semolina & Oranges	DINNÉAR NA NOLLAG CHRISTMAS DINNER	Beef Hot Pot Potatoes & Carrots Fresh Fruit or Yoghurt OR Jelly & Peaches	Chicken Nuggets OR Homemade Pizza Chips, Sweetcorn Fresh Fruit or Yoghurt OR Jelly & Peaches
Week Beg 16th Dec	Pasta Bolognese OR Chicken Baguette Mashed Potato, Mixed Vegetables Fresh Fruit or Yoghurt OR Christmas Shortbread & Custard	Fish Cake OR Stuffed Bacon Roll Chips, Sweetcorn Fresh Fruit or Yoghurt OR Chocolate Brownie & Strawberry Sauce	Roast Chicken & Stuffing Potatoes, Carrots, Gravy Fresh Fruit or Yoghurt OR Rice Pudding & Peaches	Sausages OR Chicken Nuggets, Chips, Beans, Mixed Salad Fresh Fruit or Yoghurt OR Frozen Mousse	SCOIL DÚNTA SCHOOL CLOSED

school food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

