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|  | **Gaelscoil Aodha Rua – Biachlár / Menu – November/ December 2023****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 2****20th** **November** | Chicken Nuggets **OR**Homemade LasagneSteam Broccoli & Garden PeasChipped Potato, PastaIce Cream, Chocolate Sauce & Sliced Pears | Spaghetti Bolognaise **OR**BBQ Chicken PizzaSweetcorn & Baked BeansDiced Potatoes, Mashed Potatoes, SaladFruit & Rice Pudding | Lunch Bunch Chicken Curry & Naan Bread **OR**Golden Crumbed Fish FingersGarden PeasRice, Salad, Mashed PotatoRice Krispie Square & Fruit  | Roast Turkey, Stuffing & Rich Gravy **OR**Salmon FishcakeCauliflower & Baton CarrotsMashed PotatoesFruit Muffin  | Steak Burger & Tomato Ketchup **OR**Chicken CrumbleSweetcorn & Salad Chipped Potato, PastaFlakemeal Biscuit & Fruit  |
| **WEEK 3****27th** **November** | Golden Crumbed Fish Fingers**OR**Mighty Mac ’n’ CheeseGarlic Bread SliceBaked BeansBroccoli & ColeslawMashed PotatoesArtic Roll with Peaches  | Beef Meatballs with Italian Tomato & Basil Sauce **OR**Margherita PizzaGarden Peas & SaladOven Baked Potato Wedges,PastaShortbread, Custard & Fruit | Lunch Bunch Chicken Curry & Naan Bread **OR**Bacon SliceMini Corn on the CobSteamed Rice, Chipped PotatoesStrawberry Jelly & Fruit  | Roast Chicken, Stuffing& Rich Gravy **OR**Mexican Chilli with NachosBaton Carrots & Tossed SaladMashed PotatoJam & Coconut Sponge & Custard | Tasty Pork Sausages with Tomato Ketchup or Gravy **OR**Chicken Panini & ColeslawSweetcorn & Spaghetti HoopsChipped/Mashed PotatoesSaladMelon Wedge |
| **WEEK 4****4th** **December** | Beef Bolognaise withGarlic Bread **OR**Stuffed Bacon Roll/Bacon SliceGarden Peas & Savoy CabbageOven Baked Potato Wedges, SpaghettiChocolate Cake & Custard | Golden Crumbled Fish Fingers **OR**Tex-Mex EnchiladaMini Corn on the CobSpaghetti Hoops & ColeslawChipped Potatoes, PastaJelly & Mandarin Oranges  | Lunch Bunch Chicken Curry & Naan Bread **OR**Steak Burger & GravyGreen Beans & SweetcornMashed Potato, RiceCornflake Biscuit & Custard | Roast of the Day, Stuffing & Rich Gravy **OR**Stuffed ChickenCauliflower Cheese & Baton CarrotsMashed PotatoIce Cream Slider & Fruit | Oven Baked Chicken Nuggets **OR**Admiral’s Ocean PieGarden Peas & Baked BeansChipped Potatoes, Jacket Potato, SaladHomemade Ginger Biscuit & Fruit |
| **WEEK1****11th****December** | Spaghetti Bolognaise **OR**Crispy Cod Fishcake with Tomato KetchupBaton Carrots & Baked BeansMashed Potato, SaladHomemade Ginger Biscuit & Custard | Classic Margherita Pizza **OR**Italian Chicken & Tomato Pasta Bake & Garlic BreadGarden Peas, Coleslaw,ChippedPotato/Mashed PotatoStrawberry Jelly, Ice Cream & Fruit | Lunch Bunch Chicken Curry & Naan Bread **OR**Chicken Panini & ColeslawSteam Broccoli & SweetcornOven Roasted Potato Wedges, RiceBanana Yoghurt Pot | **CHRISTMAS DINNER** | Hot Dog **OR**Chicken Wrap & Sweet Chilli SalsaGarden Peas & Spaghetti HoopsChipped Potato, Mashed PotatoFresh Fruit & Yoghurt |

***THE LUNCH BUNCH***

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Grated Carrots***

***Cucumber***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

 ***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

 ***Available Daily***

**MENUS MAY CHANGE**

**EAT SMART WITH**

 **DUE TO DELIVERY CHANGES**